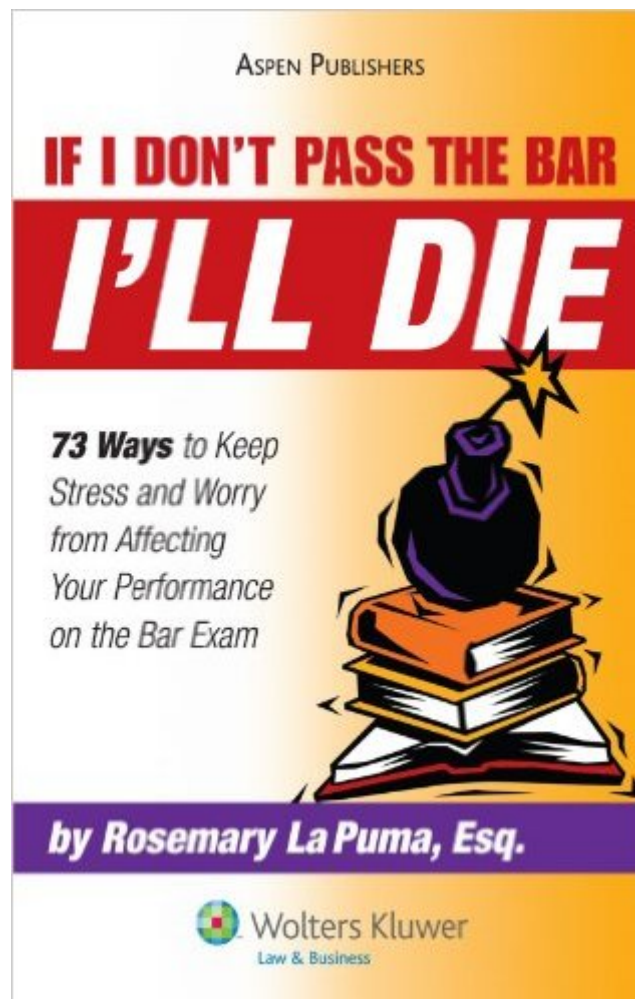


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# If I Don't Pass The Bar I'll Die: 73 Ways To Keep Stress And Worry From Affecting Your Performance On The Bar Exam



## Synopsis

If I Don't Pass the Bar I'll Die By Rosemary La Puma, Esq. Taking the Bar Exam? Have you ever finished reading a test question only to find that you have no idea what you just read? Have you ever been so worried about finishing a test in time that you wrote gibberish? Have you ever put off studying for exams until the last minute? Have you ever been unable to answer a question and had it dog you for the rest of the test, interfering with your concentration? Have you ever marked an unintended multiple-choice response or written an exam answer in the wrong booklet? If you answered YES to some or all of these questions, then stress and worry have affected your academic performance in the past and will likely affect your performance on the bar exam. This book can prevent that from happening. It includes 73 ways to keep stress and worry from affecting your performance on the Bar Exam. About the Author Rosemary La Puma is the founder and owner of Rosemary's Review A Comprehensive Bar Tutorial. She has been leading bar tutorials and helping students pass the California bar exam for 14 years. Professor La Puma has taught hundreds of students her simple but effective techniques. Professor La Puma's interest in the effects of stress and worry on academic performance started with her own California bar experience. This book is a compilation of the techniques she has used to help her and her students master their stress and worry. An adjunct professor at Golden Gate University Law School, Professor La Puma teaches legal writing courses. In addition, she served as the Assistant Director of Academic Support at the University of Southern California School of Law during the 2007-2008 school year.

## Book Information

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## Customer Reviews

Having read several "bar related" books, I really liked this as an easy read and I also liked the focus on what is probably one of my biggest challenges - the mental stress involved with taking the exam. I liked the author's straight forward ways to deal with stress and also practical tools to use when reviewing the essays, multiple choice and performance tests that you practice. I think the checklists she provides at the end of the book are extremely helpful - esp for the CA Bar - in reviewing your own essays. I know for myself, I have a hard time reviewing my own work in comparison to the sample answers and knowing exactly what I did wrong. The detailed questions in her checklists will help you to really see why you received the grade you did in comparison to the model answers and open your eyes on how to improve. Although most times I would get the general issues, I see that I did not elaborate with the sub-issues and became conclusory in my answers. I highly recommend this book to those of you taking the bar the first time or the "x"th time as a repeater.

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